

New Words:

1. founder
2. preached
3. supreme
4. intention
5. attain
6. knowledge
7. conduct
8. taught
9. reason
10. suffering

Learn Define and FIB from the book

Answer these questions:

Q1. What did Mahavira preach?

Ans. Mahavira preached that ahimsa (non-violence) is the supreme moral virtue.

Q.2 What are the four noble truths?

Ans. The four noble truths are:-

- i) Life is full of suffering
- ii) There is a reason for the suffering in the world
- iii) People can be free from suffering
- iv) A person must follow the eightfold path

Q.3 Write the rules of Eight-fold path? Ans. The rules of Eight-fold path are:-

- i) Right belief
- ii) Right thought
- iii) Right speech
- iv) Right conduct
- v) Right livelihood
- vi) Right effort
- vii) Right memory
- viii) Right meditation

Q.4 What message did Guru Nanak give?

Ans. Guru Nanak gave the message of one God who dwells in every one of His creations and constitutes the eternal truth.

Q.5 Where are the words of Guru Nanak registered?

Ans. Guru Nanak's words are registered in the form of hymns in Guru Granth Sahib, the holy book of Sikhism.

Think and Answer: omitted

Activity

Write name and paste a picture of the person who inspires you.